

**Sevadal Education Society's** 

NAAC RE-ACCREDITED WITH 'A' GRADE

# SEVADAL MAHILA MAHAVIDYALAYA

Place for Higher Learning & Research (Research Academy)
Sakkardara Square, Umrer Road, Nagpur-440024
http://sevadalmahilamahavidyalaya.ac.in

# REPORT OF WORKSHOP ON FOOD PRESERVATION

2017 - 2018



Sevadal Mahila Mahavidyalaya and Research Academy, a renowned educational Institute was established in 1992, under the Founder President Shri Keshaoraoji Shende with the noble mission of imparting education to girl students. Education to women can change not only their lives but also of their entire family is a well-known proverb and the said cause is a mission of the Institution. Presently, institution is marching ahead under the dynamic leadership of our President Hon'ble Shri Sanjayji Shende, by his administrative prowess and radical methods, spearheaded the institution to its glorius achievements. At present, the college has been re-accredited by NAAC, Bangalore with 'A' Grade. The college offers various programmes in the faculties of Science, Home Science and Social Science at Undergraduate and Post-graduate level. The college offers Doctoral research programmes in subjects Environmental Science, Zoology, Chemistry and Microbiology.

#### INTRODUCTION

Millions of fruits and vegetables are produced each year and they are lost due to poor processing and preservation. Fresh fruits are abundant during the season and are not available during the off season. Due to this the food has to be stored until the next season. Hence all fresh foods have to be preserved if it is to be used after a period of time. Food production and supply does not always tally with the demand or needs of the people. In some places, there is surplus production of food product, whereas in some other place there is inadequate supply. It is therefore important to improve and expand facilities for storage and preservation of food to ensure its availability and acceptability at all times. The Department of Food and Nutrition of the college had organized a workshop on Food Preservation for the students of B.Sc. (Home Science) Semester IV from 29/01/18 to 2/02/2018.

#### AIMS AND OBJECTIVES

- 1. To teach the students the basics of food preservation.
- 2. To impart knowledge about the science and techniques of fruit and vegetable preservation.
- 3. To equip the students with skills required for preservation of ketchup, squash, jam, sauce and chutney.

#### INAUGURAL FUNCTION

The college organized a five-day workshop on "Food Preservation" from 29<sup>th</sup> January 2018 to 2<sup>nd</sup> February 2018 under the Department of Food and Nutrition. On the onset of inaugural



function Dr.Mrs Meghali M. Joharapurkar welcomed the guests and students and fore grounded the theme of the workshop.

The guests of the inaugural function, Mrs. Anjali Singh and Mr. Niranjan Choudhari, Demonstration Officers, from Ministry of Women and Child Development, Government of India, Community Food and Nutrition Education Unit, Nagpur presided over the function. Dr. Joharapurkar delivered the introductory address and then the demonstrator officer Mrs. Singh addressed the students of the workshop. She highlighted the need of food preservation in today's food supply chain and stressed upon the reduction of food wastage through different preservation methods.

#### **WORKSHOP SESSION**

Sixty-two students from B.Sc. (Home Science) Semester IV participated in the workshop. Mrs. Anjali Singh threw light on basic purpose of fruit and vegetable preservation and elaborated on the particulars of preservation and preparation of recipes of jams, jellies, pickles, sauces, ketchups, chutneys and candies. She explained some of the methods which are usually adopted for preserving food and vegetables like dehydration, preservation with salt, sugar, vinegar and chemical preservatives.

After giving elaborative information on the subject, she gave some basic instructions regarding the conduct and hygiene during the workshop to the students. After this the prepreparations for the different demonstration were carried out by the students under the guidance of Mr. Choudhari.

For all demonstrations a theoretical session was conducted where the ingredients and method of recipes were discussed. Then the recipes of jams, jellies, pickles, sauces, chutneys and candies were demonstrated. Mrs. Singh also explained the students about the plate test of jams and jellies during the demonstration.

#### VALEDICTORY FUNCTION

The guest of the function Mrs. Singh and Mr. Choudhari were the guests of the valedictory function. Dr. Mrs. Meghali M. Joharapurkar welcomed the guests with saplings. Mr. Choudhari exclaimed that the workshop is of immense importance, as students get acquainted with hands on training and skills required for preparation of jams, jellies, pickles, sauces, chutneys and candies. As a mark of participating in workshop the students were given

certificates for successfully attending and taking part in the workshop. On behalf of College and Department Dr. M. Joharapurkar proposed a vote of thanks.











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## Sevadal Mahila Mahavidyalaya Place for Higher Learning & Research (Research Academy) Sakkaradara Square, Umrer Road, Nagpur

### **LIST OF PARTICIPANTS**

| Sr. No. | Name of Participants                         | Name of the College          |
|---------|--|------------------------------|
| 1       | Ku. Aishwarya Shivkumar Mandhare             | Sevadal Mahila Mahavidyalaya |
| 2       | Ku. Ansari Nafela Gulrakh Sajid Parvej       | Sevadal Mahila Mahavidyalaya |
| 3       | Ku. Archana Devidas Raut                     | Sevadal Mahila Mahavidyalaya |
| 4       | Ku. Baig Nausheen Tabassum Riyaz             | Sevadal Mahila Mahavidyalaya |
| 5       | Ku. Bushra Anam Ansari Mohd Saleem<br>Ansari | Sevadal Mahila Mahavidyalaya |
| 6       | Ku. Deepa Dayaram Motghare                   | Sevadal Mahila Mahavidyalaya |
| 7       | Ku. Divya Dilip Nagrale                      | Sevadal Mahila Mahavidyalaya |
| 8       | Ku. Humera Parveen Mohammad Rafique          | Sevadal Mahila Mahavidyalaya |
| 9       | Ku. Kajal Ashok Bandewar                     | Sevadal Mahila Mahavidyalaya |
| 10      | Ku. Komal Ankush Dange                       | Sevadal Mahila Mahavidyalaya |
| 11      | Ku. Krushna Mahesh Rathi                     | Sevadal Mahila Mahavidyalaya |
| 12      | Ku. Krutika Pradeep Nanotkar                 | Sevadal Mahila Mahavidyalaya |
| 13      | Ku. Payal Rajeshrao Harde                    | Sevadal Mahila Mahavidyalaya |
| 14      | Ku. Laxmi Arun Gawande                       | Sevadal Mahila Mahavidyalaya |
| 15      | Ku. Manjusha Dhanraj Buradkar                | Sevadal Mahila Mahavidyalaya |
| 16      | Ku. Megha Govind Meshram                     | Sevadal Mahila Mahavidyalaya |

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| 38 | Ku. Ravina Ganesh Meshram        | Sevadal Mahila Mahavidyalaya |
| 37 | Ku. Radhika Maroti Wagh          | Sevadal Mahila Mahavidyalaya |
| 36 | Ku. Pushpa Krishnaroa Bhoware    | Sevadal Mahila Mahavidyalaya |
| 35 | Ku. Priyanka Pravir Nandi        | Sevadal Mahila Mahavidyalaya |
| 34 | Ku. Priyanka Ganesh Jamodkar     | Sevadal Mahila Mahavidyalaya |
| 33 | Ku. Pragati Natthuji Hatwar      | Sevadal Mahila Mahavidyalaya |
| 32 | Ku. Pooja Sopan Dhamdhere        | Sevadal Mahila Mahavidyalaya |
| 31 | Ku. Payal Shikharchand Soneshwar | Sevadal Mahila Mahavidyalaya |
| 30 | Ku. Payal Pramod Gadkari         | Sevadal Mahila Mahavidyalaya |
| 29 | Ku. Pallavi Rustam Bhoyar        | Sevadal Mahila Mahavidyalaya |
| 28 | Ku. Pallavi Avilrao Nimbalkar    | Sevadal Mahila Mahavidyalaya |
| 27 | Ku. Nupur Nandkishor Lokhande    | Sevadal Mahila Mahavidyalaya |
| 26 | Ku. Nikita Subhash Harde         | Sevadal MahilaMahavidyalaya  |
| 25 | Ku. Nikita Rajesh Shingare       | Sevadal Mahila Mahavidyalaya |
| 24 | Ku. Nikita Mitaram Awarkar       | Sevadal Mahila Mahavidyalaya |
| 23 | Ku. Niharika Prabhakar Shinde    | Sevadal Mahila Mahavidyalaya |
| 22 | Ku. Nidhi Prakash Sukhadeve      | Sevadal Mahila Mahavidyalaya |
| 21 | Ku. Neha Shankar Sahu            | Sevadal Mahila Mahavidyalaya |
| 20 | Ku. Neha Amit Patil              | Sevadal Mahila Mahavidyalaya |
| 19 | Ku. Natasha Rameshwar Tikle      | Sevadal Mahila Mahavidyalaya |
| 18 | Ku. Mona Ramesh Ingale           | Sevadal Mahila Mahavidyalaya |
| 17 | Ku. Minal Anandrao Kuhikar       | Sevadal Mahila Mahavidyalaya |

| 39 | Ku. Ruhi Munishwar Shende         | Sevadal Mahila Mahavidyalaya |
|----|-----------------------------------|------------------------------|
| 40 | Ku. Ruhali Vitthalrao Jikar       | Sevadal Mahila Mahavidyalaya |
| 41 | Ku. Rupa Nagoji Bagade            | Sevadal Mahila Mahavidyalaya |
| 42 | Ku. Rupali Arun Lahore            | Sevadal Mahila Mahavidyalaya |
| 43 | Ku. Rupali Moreshwar Kalaskar     | Sevadal Mahila Mahavidyalaya |
| 44 | Ku. Sahili Vasantrao Raut         | Sevadal Mahila Mahavidyalaya |
| 45 | Ku. Sana Kausar Mohammad Ashraf   | Sevadal Mahila Mahavidyalaya |
| 46 | Ku. Sharda Muniraj Sahare         | Sevadal Mahila Mahavidyalaya |
| 47 | Ku. Shrutika Rajesh Lakhe         | Sevadal Mahila Mahavidyalaya |
| 48 | Ku. Shubhangi Jivanraoji Dhoble   | Sevadal Mahila Mahavidyalaya |
| 49 | Ku. Shweta Dayaram Motghare       | Sevadal Mahila Mahavidyalaya |
| 50 | Ku. Snehal Kawdu Bagane           | Sevadal Mahila Mahavidyalaya |
| 51 | Ku. Sonu Ashok Dhuldhule          | Sevadal Mahila Mahavidyalaya |
| 52 | Ku. Sonu Tulshiram Meshram        | Sevadal Mahila Mahavidyalaya |
| 53 | Ku. Sweta Dayaram Sawarbandhe     | Sevadal Mahila Mahavidyalaya |
| 54 | Ku. Tanvi Ramanuja Soma           | Sevadal Mahila Mahavidyalaya |
| 55 | Ku. Tanzil Fatima Abdul Razzak    | Sevadal Mahila Mahavidyalaya |
| 56 | Ku. Tejaswini Lavkush Harde       | Sevadal Mahila Mahavidyalaya |
| 57 | Ku. Tejaswini Sanjay Bhagat       | Sevadal Mahila Mahavidyalaya |
| 58 | Ku. Urvashi Shekhar Waghmare      | Sevadal Mahila Mahavidyalaya |
| 59 | Ku. Utkarsha Bhojraj Hajare       | Sevadal Mahila Mahavidyalaya |
| 60 | Ku. Vaibhavi Bharatrao Shrawankar | Sevadal Mahila Mahavidyalaya |

| 61 | Ku. Vaishnavi Gulab Rakhade   | Sevadal Mahila Mahavidyalaya |
|----|-------------------------------|------------------------------|
| 62 | Ku. Vaishnavi Jitendra Bawane | Sevadal Mahila Mahavidyalaya |

mm Joharafurkar

Dr. Mrs. Meghali M. Joharapurkar

Head

Department of Food and Nutrition Sevadal Mahila Mahavidyalaya, Nagpur Prof. Pravin Charde

Principal
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